



news Spring 2021

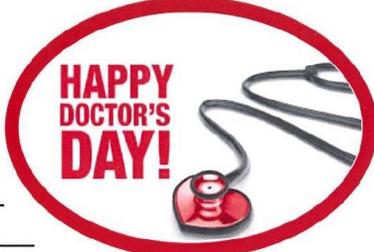
Lourdes Hospital Foundation

Sustaining the Vision — Supporting the Mission

*Doctor's Day,
March 30, has just passed
with notes of appreciation pouring
in from patients of our doctors
here at Lourdes.*

Dear Dr. all of them

Roses are Red
violets are blue
They have helped me
because they are smart
and caring too! :-



Doctors Day was originally started by Eudora Brown Almond, the wife of a prominent Georgian doctor, who wanted to create a day just for recognizing and honoring doctors. She chose March 30th because on that date, in 1842, ether was first used as an anesthetic during surgery.

Think about it! Surgery as we know it was not practiced until the late 1800's and even then infection was common and outcomes were poor.

Appendicitis, gall stones and inflammation, birthing difficulties, broken hips, arthritic knees, cataracts; less than one hundred and fifty years ago these afflictions would have either killed or incapacitated you.

Today, thanks to the evolving medical skills of our doctors and advancements in technology, these afflictions generally have only a transient affect on our lives.

The Lourdes Hospital Foundation, which exists through your support, is dedicated to supporting Lourdes Hospital in its commitment to health care. One of the major pieces of our work is to provide funding for new technology, which allows our doctors to be at the forefront in diagnosis and treatment of the modern day patient.

Interventional Pain Management C-Arms Needed! ~ Lourdes Foundation Helps!

Interventional pain programs are an important tool in alleviating chronic pain and mitigating the long term issues of opioid usage.

Across the country, chronic pain and pain-related disorders are on the rise, seriously impacting quality of life. They are leading causes of morbidity, disability and increased opioid addiction.

- ♦ Interventional pain management allows trained physicians to use minimally invasive procedures to stop the transmission of pain messages from reaching the pain receptors in the brain.
- ♦ Blocking these transmissions allows for greater physical mobility, less need for surgical intervention and reduces the likelihood of over medication and addiction to pain killers in search of relief.
- ♦ The modern C-Arm technology, with its minimal radiation and real-time imaging, allows trained physicians to visualize the precise placement for a pain block.



Lourdes Hospital has recruited a fellowship trained anesthesiologist and interventional trained physician, Dr. Rohit G. Singh for their pain management program. In order for Dr. Singh to more fully provide all of the services within his scope of practice the availability of C-Arm technology in the outpatient setting and in the OR are vital to the program's success.

Because of You

The Foundation is able to support Lourdes Hospital by providing \$317,784 for the purchase of two C-Arms.

Other Ways We Help

The Lourdes Hospital Foundation raises and distributes funds in support of Lourdes Hospital and the patients and community that Lourdes serves.

- ◆ Some of the funds are dedicated to specific large projects or new medical equipment.
- ◆ Some of the funds are distributed in support of the individual needs of Lourdes patients.

Here are some examples of assistance the Foundation has been able to provide to individuals due to the gracious gifts from those in our community.

☀ Recently, the Foundation was able to assist a couple with their water and power bills. One had been diagnosed with AML (acute myeloid leukemia) with treatments set up at the Roswell Park Cancer Institute, Buffalo and the other spent considerable time driving back and forth to the Institute to spend time with their loved one. This was definitely a paycheck depleting scenario. Because of you and donations to the Geller Oncology Fund and Sock Out Cancer® they were given some relief from the pressure of unpaid bills.

☀ A patient being treated for a form gastro-intestinal cancer was having a hard time affording transportation to and from treatment. She was also reduced to sleeping in a recliner due to the loss of her bed. Again, the Geller Oncology Fund and Sock Out Cancer® came to the rescue. Utilizing these funds, the Foundation was able to provide for gas gift cards and the purchase and delivery of a mattress and bed frame.

☀ Diagnosed with lung cancer, one woman decided to improve her eating habits to help her deal with her disease and treatment. Good, healthy food can be expensive. The Foundation was able to assist her efforts by supplying grocery gift cards from Sock Out Cancer® to add dollars to her food budget.

☀ Lourdes Hospice purchased baby monitors and distributed them to a family providing hospice home care for their loved one. This allowed whomever was providing care in the home to go about their daily routine and still be alerted when they were needed.

☀ When a hospice patient had to be transferred to Mercy House one of the Hospice employees became aware that she was missing her cat. That employee went out and purchased a stuffed cat for her to bring her some solace.

☀ Emergency button services are provided by the Hospice Lourdes at Home program to ensure that the patients can connect to emergency services at the press of a button. This is a service that helps those in Hospice care stay safely in their homes. At any given time there are anywhere from 10 to 15 patients receiving this service. Each month the invoices for the buttons are sent to the Foundation to be paid.

Everything that the Lourdes Hospital Foundation does to help relieve suffering in our community is due to you, our donors.

Thank you!

How You Can Help



Attend a Concert!

Sock Out Cancer® proudly presents
“A Musical Tribute to Elton John and Billy Joel
an evening honoring the two most successful
pianists /singer songwriters of all time.

We all know the music and we have all sung the songs.

This high energy show features a seven-piece band, fronted by Philip Myers (Elton John) and Matt Cusson (Billy Joel). They will have the crowd on its feet singing and clapping along to timeless classics including *Piano Man*, *Only the Good Die Young*, *Bennie and the Jets*, *My Life*, *Rocket Man*, *Movin' Out*, *It's Still Rock and Roll to Me* and many more incredible hits.

Mark your calendars, ***Saturday the 9th of October, 8pm at the Binghamton Forum***
for a great night out in support of a great cause!



Buy a Pair of Socks!

Purchasing a pair of socks is about a lot more than just some fancy, fun footwear.
The money benefits financially distressed families who are battling cancer.

Get a pair of socks here and join our mission:

<https://www.sockoutcancer.org/>

Send in a Donation! ~ Use the Enclosed Envelope
Or See the Back Page for Further Information

Help Our Community, Our Country and the World Get Vaccinated Against COVID

Over 1 million doses of the COVID-19 vaccine have been administered by Ascension.

“This milestone represents the collective and coordinated efforts of clinicians and other associates and volunteers who have administered the vaccine, staffed hundreds of clinics, ... as well as the many associates and teams who have been involved in resourcing, delivering and storing vaccine doses, and those who have developed and shared vital information about the effectiveness, safety and availability of the vaccines.”

“As gratifying as it feels to reach the 1 million doses mark, our work is not done. We need to continue to encourage those we serve – and each other – to strongly consider getting vaccinated against COVID-19 in order to protect ourselves, our loved ones, our co-workers and our communities.”

(Excerpts from a message from Joseph R. Impicicche, JD, MHA—President and Chief Executive Officer - Ascension - email receipt—04.26.2021)

A Vaccine Thanks -- We recently received a donation and note

- ♦ *“I was thrilled to be contacted by Lourdes with an opportunity to have the vaccine last week. At the vaccine clinic, everyone was pleasant and efficient. I especially enjoyed talking to Sue Spink and Stephanie D’Angelo. They embody the spirit of Lourdes.*”

Tree of Life

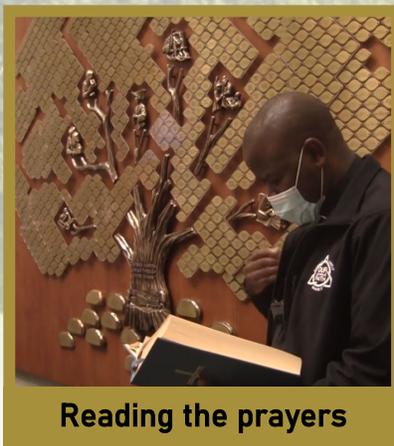


- ♦ *On an wall in the atrium of Lourdes Hospital there stands the Tree of Life.*
- ♦ *Each leaf is a blessed memory of a life, and an expression of love and honor from those left behind.*

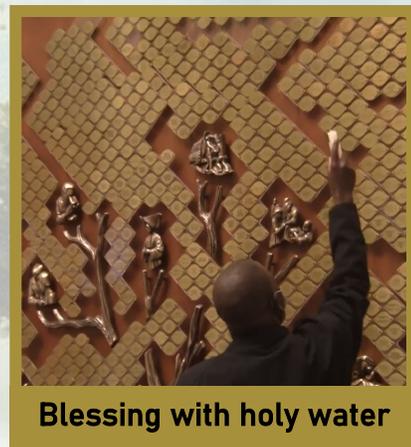
We recently celebrated the life and memory of Margaret "Peg" O'Brien with the installation and blessing of a leaf on the Tree of Life in Lourdes' atrium. It was a small gathering, attended by her husband, son and other family and friends. Reverend Fredrick Mwangi Kooro, a priest chaplain here at Lourdes, officiated at the blessing and installation ceremony.



Installing the leaf



Reading the prayers



Blessing with holy water



Giving the blessing



Recording a memory

There are still spaces for new leaves on the Tree of Life
for more information, call the Lourdes Hospital Foundation at 607.798.5684

Many thanks to all of our donors

From the year 2020

Through out the year, the Lourdes Hospital Foundation receives donations. Some of those donations go to support specific programs or campaigns. Others are given to be used where the need is greatest.

Sometimes the donations go to large endeavors that require hundreds of thousands of dollars. And sometimes the donations are used to fund the small things that loom so large for those suffering from illness; gas to get to and from appointments, a gift card that helps put adequate and nutritious food on the table, an emergency alert button to enable those suffering to stay in their home.

The need is great and thanks to your generosity, when the requests come in, the Lourdes Hospital Foundation can say "Yes! We can help."

\$100,000 and Up — Lourdes Heroes

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The Advent of Our Lady of Lourdes Hospital

In 1633, St. Louise de Marillac and St. Vincent de Paul founded the Daughters of Charity, a community of women who choose to devote their life to service. In 1925, then-Bishop Daniel O'Curley, of the Diocese of Syracuse, sent four Daughters of Charity to run a hospital in Binghamton.

From these humble beginnings, Our Lady of Lourdes Hospital was born.

Let Us Pray

*Lord,
 help me to imitate Your way of living and acting:
 You said that You had come upon earth
 to serve, not to be served.
 Teach me to show great gentleness toward all,
 to imitate Your goodness in welcoming them.
 Like You, I want to love tenderly,
 to be very respectful to all those I meet,
 to be affable and gentle to those in the greatest need.
 Lord,
 teach me to maintain always, great esteem for my neighbor.
 Your life on earth, Your death and resurrection
 bear witness to Your love for all.
 Amen.*

~ Saint Louise DeMarillac

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RMD's - Required Minimum Distributions

- ◆ When you reach the age of 72 you are required to withdraw a certain amount of money from your retirement accounts.

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- ◆ Not taking this distribution in a timely fashion can bring on severe penalties of up to 50% of the RMD amount.
- ◆ RMD's are taxed by the IRS as ordinary income and may push you into a higher tax bracket.
- ◆ Consider making a qualified charitable distribution (QCD) to the Lourdes Hospital Foundation to reduce the tax impact of receiving these distributions and to support the health of the community you share.

If you would like more information on donating your RMD's,
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